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Unhooking the Tentacles of Dependency: Challenges and Opportunities of Public Benefits Organizations in Informal Settlements in Nairobi County, Kenya

¹Timothy Osiru Okatta, & ²Wilkins Ndege Muhingi

¹St. Elizabeth University of Health and Social Sciences-Slovak Republic (Bratislava), Faculty of Tropical Medicine-

²St. Paul's University (P.O Box private bag 00217 Limuru, <u>wilkndege@gmail.com</u>)

Corresponding Author: timothyokatta@gmail.com

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Abstract

Financial sustainability has always been a dream for every PBO serving in Kenya and by extension in Africa. Non-Governmental Organizations (NGOs) in Kenya mostly depend on foreign funding. Studies expose the declining state of foreign funding coupled with the Miscellaneous Amendment Act of 2013 both of which impose a strain to PBOs. This paper explored the challenges faced by PBOs in implementing financial sustainability strategies in Nairobi informal settlements in Kenya. It was concurrent mixed methods approach study that employed a descriptive design and was carried out between January and August 2015. The study targeted various PBO stakeholders who were randomly and purposively sampled constituting a sample size of 304. Structured questions and interviews were the methods used to collect data while questionnaires and interview guides were tools used to collect data. Descriptive statistics was used to analyze quantitative data while qualitative data was analyzed using content analysis in themes. The findings showed that 90% of the PBOs that were sampled faced challenges in implementing their financial sustainability strategies while 9.5% were not facing challenges in implementing their financial sustainability strategies. Most of the PBOs financial sustainability strategies faced a challenge of lack of commitment, this was represented by 47.6%, while 38.1% faced lack of capital to establish the financial sustainability strategies, 9.5% cited slow growth of the financial suitability initiatives while 4.8% attributed to government laws and policies. The study recommended that PBOs should ensure they exhaustively engage stakeholders in program design, implementation and resource mobilization to enhance commitment and ownership of the PBO programs and financial sustainability strategies, develop fundraising policies which will institutionalize resource mobilization. The government being a major stakeholder should explore ways of partnering and funding effective and efficient PBOs. It should review policies and laws that restrict PBOs from doing business and enable PBOs to start business related projects that will consistently generate income for the PBOs. Parliament should also amend the CDF Act to enable CDF- PBO partnerships and also review the tax laws to allow tax relief for cooperate entities that financially support results oriented PBOs

Key Words: Financial Sustainability, Opportunities, Challenges, Implementation

1.1 Background of the study

Public Benefits Organizations refers to institutions that provide welfare, humanitarian and development services like healthcare, land and housing, education, religion, belief or philosophy, cultural, conservation, environment and animal welfare, research, provision of funds, assets or other resources and consumer rights to

the public for free or at a subsidized cost especially in disadvantaged or hardship areas (Waters, 2009). They are organizations that are established to serve the public good, supporting development, social cohesion and tolerance within society; promoting democracy, respect for the rule of law, and providing accountability mechanisms that can contribute to improved governance (The Public Benefit Act 2013 - Kenya).

Financial sustainability is the ability of a PBO to generate resources to meet the organizational needs of the present without compromising the future (Harding, 2014). It also refers to the ability of an organization to seize opportunities and react to emergencies and unexpected challenges while maintaining the day to day operations of the organization (Bowman, 2011).

In a survey conducted in the United States of America (USA), involving 800 PBOs, 75% of the PBOs reported having been affected by dwindling donor funds (Renz, 2010). In addition, 61% of PBOs depending on Federal governments funding reported experiencing funding cuts while 48% of those depending on foundation funding also expressed reduction in funding (Brulle, 2014). Recent recessions in the US have also made declines in philanthropic giving because Americans have less disposable income (Besel, Williams & Klak, 2011).

PBOs in Europe also grapple with financial sustainability challenge and some are dependent on the European Structural funding (Vaceková, G., & Svidroňová, 2016). In Poland for example, the PBOs have created dependency on European Union structural funds hence lessening their interest to look for other funds or income generation activities and in some ways stalled the development of the NGO sector (Hyanek, L. F. J. Š. V, 2016). It is however important to note that some PBOs in Europe

have embraced innovative diverse fundraising strategies like use of face book, and interactive blogs websites advertising among other strategies to ensure thev become financially sustainable (Dyczkowski, 2014). They have also enhanced transparency their accountability by publishing their annual financial reports so as to win the trust of the funders thus improving funding rating (USAID, 2010).

In Africa, PBOs operate amidst myriad of challenges (Wood, 2016). The USAID's CSO Sustainability index for Sub Saharan Africa in 2009, identified challenges like legal example hurdles for being denied registration, restriction on foreign funding amounts like in Ethiopia, inadequate infrastructure, poor governance, lack of transparency and accountability, and donor dependency as the major challenges affecting financial sustainability of the PBOs (USAID, 2009). It has also been noted that only a few PBOs are able to generate local income by pursuing economic activities like charging user fees, collecting membership and individual and corporate philanthropy. In East Africa, PBOs face similar operational challenges (Kisinga, & Act, 2014). In Tanzania and Uganda's PBOs are vibrant however, they do not have diversified sources of funds thus they are donor dependent while Burundi and face restricted Rwanda **PBOs** legal frameworks and are also struggling to survive financially (Zulkhibri, 2014).

PBOs in Kenya became vibrant in the 1960's when the government then promoted grass roots growth and action to spur socioeconomic development (Nganga, 2013). This philosophy was commonly referred to as harambee. The harambee spirit was based on the understanding that one could not be able to carry out plans or actions by him/herself without the support of other members of the

community (Omeri, 2014). Thus people were encouraged to form self-help groups to address the social challenges facing them. In 1974 there were merely 125 registered PBOs in Kenya. Since then there has been a notable growth, in 1990 there were over 400, in 2004 they grew to 3,000, by 2007 there were 4,200 registered PBOs while in 2014 there were 7,258 registered and active PBOs in Kenya of diverse categories, Community organizations, Faith based organizations, and International organizations (NGO Coordination Board, 2014). The Kenyan PBOs are 46.7% sustainable this is because a high percentage, 81% of the total funds utilized by the PBOs in financial year 2014 were from external sources while 14% was from local sources and slightly more than half, 60.2% of PBOs reported to have diverse sources of funds (Nyagah, 2015).

Nairobi County is home to two hundred and forty two (242) registered and active PBOs which represents 12% of the total PBOs in Kenya, the County with the highest number of registered PBOs in Kenya (Kaburu, 2014). They have diverse areas of operation including and not limited to health, environmental conservation, education, housing and settlement, refugees issues among others (Mutuvi, 2013). Its population is estimated at 3.1 million people (Kenya National Bureau of Statistics, 2010) and 60-70% of this population is estimated to live in slum like conditions (APHRC, 2014), it is also the home of seventy four (74) slums spread in the eight (8) administrative units of the County (Corbun & Karanja, 2014). Majority of the PBOs in Nairobi serve this population in the disadvantaged and marginalized communities in Nairobi. These PBOs are grappling with the financial sustainability challenge due to the dwindling donor funds caused by economic recession, changing donor priorities, minimal stakeholder involvement in program design, implementation and resource mobilization

and restrictive government policies, and laws (Osano, 2013).

To effectively and innovatively respond to this situation, the PBOs have initiated financial sustainability projects like sell of merchandise, branded real estate, horticulture, construction of guest houses, and restaurants, resorts consultancy services, micro-financing and horticulture. This is aimed at raising more funds to complement and supplement the dwindling donor funds (Fury, 2010).

1.2 Empirical Literature Review

Public Benefits Organisations find themselves with an ever increasing agenda of programmes and activities that require consistent and adequate funding. However, they have limited opportunities generating additional income which may lead to financially unsustainable operations if not checked (Drunker, 1990). According to Renz (2010) in a survey of 800 nonprofits at the end of 2008, 75 percent of nonprofits reported feeling the effects of the downturn, with 52 percent already experiencing cuts in funding. He adds that the NGOs that rely on government funding-with 61 percent of nonprofits reporting cuts in government funding- as well those that rely on foundations for monetary contributions with 48 percent of nonprofits reported cuts in foundation funding (Renz et al., 2010).

In another study of 26 health, human services, and community and economic development organizations in Mississippi, Besel, et al (2011) reveals expressed reservations by participants about their organizations' reliance on government funding for their operations. This he attributes to considerable restrictions on how public funds can be utilized and the relatively large amount of time and resources consumed in complying with state and federal requirements. It is also noted that relying very much on government-

contract funding may lead to the hiring of sessional staff hence negatively affecting staffing patterns and quality services delivery. Akingbola (2004) notes in a similar study of the Canadian Red Cross in the Toronto region it was revealed that reliance on contract-based funding led to challenges with employee retention. On one hand contract funding has some benefits (e.g., providing opportunities for new programs), while on the other hand temporary staffing is detrimental in that it affects nonprofit's delivery of services and mission impact This affect employee because it may recruitment and retention as well as negatively influences employee morale and training practices (Akingbola, Moreover, constant turnover or continually shifting staff responsibilities to align with short-term contract requirements occasioned by financial constraints may prove to be expensive to maintain in the long term, and ultimately reduces the effectiveness of the services nonprofits provide communities.

Alymkulova and Seipulnik (2005) point out that a sustainable approach to NGO financing is one that avoids dependency on any single source of revenue, external or internal. It is worth noting that it is not easy to determine a formula for the percentages that need to be derived from various sources in order to come up with the optimum mix. These scholars advise that it is vital maintaining a balance between externally and internally generated resources to allow an organization to meet its operating and administrative expenses while maintaining the freedom to determine its program priorities and projects, irrespective of donor preferences (Alymkulova and Seipulnik, 2005).

Rasler (2007), argues that building a truly "sustainable" NGO is a multidimensional challenge entailing both internal factors of strengthening organizational capacity, as

well as external factors of establishing a more supportive regulatory environment and secure resources for NGO initiative. Every NGO must achieve organizational, self-governing capacity before it can attempt to achieve financial sustainability. A good legal framework for the NGO sector is therefore a perquisite condition for both.

Rothenberg (2007) contends that there are no quick fixes and magic solutions to financial sustainability of an organization but it is a process that takes time and hard work. He further assets that continuing to depend on foreign donors is no alternative. To address the resource gap, PBOs need to start self-financing activities, also referred to as "earned income" or "non-profit enterprise", which are a number of "entrepreneurial" strategies for cost recovery or surplus revenue generation to create NGO own new resources to support programmatic or operational expenses (Boschee, 2001).

Lacking a strategic plan has been found to be one of the challenges encountered in the NGO sector. Studies reveal that few NGOs have strategic plans which would enable them to have ownership over their mission, values and activities. This leaves them vulnerable to the whims of donors and makes it difficult to measure their impact over time (Bray, 2010).

1.3 Methodology and Materials

The aim of this paper was to explore the challenges and opportunities of Public Benefits Organisations in Nairobi County. This was a descriptive study that employed the concurrent mixed methods approach. The study was carried out in Nairobi City County Informal settlement which was selected due to the fact that it is home to the highest number of slums. The study was carried out between January and August, 2015. The target population was stakeholders of active and registered PBOs

serving in Nairobi slums who included: PBO Directors, CDF Coordinators, Suppliers, Service users, and PBO Staff. A sample size of 304 was obtained whereby PBO Directors, **CDF** Coordinators were sampled purposively while Suppliers, Service users, and PBO Staff were randomly selected for a sample. Structured questions and interviews were the methods used to collect data while questionnaires and interview guides were tools used to collect data. Descriptive statistics were used to analyse quantitative data with the aid of SPSS version 22.0. Qualitative data was analysed using content analysis in themes.

1.4 Results

Out of a total of 304 questionnaires administered to the stakeholders in this study, a return rate of 87.8% was achieved. The target population were directors, staff, beneficiaries and suppliers as shown in the table because the study objective aimed at examining the challenges and opportunities of Public Benefits Organisations in informal settlements, Nairobi City County, Kenya.

Table 1.1 Response Rate (N=304)

PBO Stakeholders	No. of questionnaire	No. of questionnaire	% returned
	issued	returned	
Directors	24	21	87.5%
Staff	84	70	83.3%
Beneficiaries	122	107	89.2%
Suppliers	74	69	96%

The response rate for all the questionnaires for the PBO directors was 87.5%, staff 83.3%, beneficiaries 89.2%, and suppliers 96%. Mugenda (2003) asserts that a response rate of above 50% is sufficient for analysis thus the data collected was adequate for analysis, presentation and discussion.

This section summarizes the demographic information of the PBOs and their stakeholders. The type of PBOs that participated in the study, length of service in their respective communities, the direct beneficiaries age groups, their gender and duration they have received services from the respective PBOs.

1.5 Demographic Information

Table 1.2 Distribution of the types of PBOs that participated in the study

Type of organisation	Frequency	Percent
Local	14	66.7
International	7	33.3
Total	21	100.0

The majority of the PBOs that participated in the study were local based PBOs, 66.7% compared to 33.3% that were International based.

Table 1.3 PBOs face challenges in implementing financial sustainability strategies

Response	Frequency	Percent
Yes	19	90.5
No	2	9.5
Total	21	100.0

Table 1.3 above indicates that 90% of the PBOs that were sampled were facing challenges in implementing their financial sustainability strategies while 9.5% were not facing challenges in implementing their financial sustainability strategies.

Table 1.4 Nature of challenges facing implementation financial sustainability strategies.

Nature of Challenge	Frequency	Percent
Lack of funds for FS initiatives (Funding)	8	38.1
Lack of commitment of stakeholders due to non-	10	47.6
accountability (corruption)		
Slow growth of FS initiatives (Competition)	2	9.5
Government laws (Regulation)	1	4.8
Total	21	100.0

Table 1.4 above and figure 1.1 below show the nature of challenges experienced by the PBOs in implementing the financial sustainability strategies. Most of the PBOs financial sustainability strategies faced a challenge of lack of commitment, this was represented by 47.6%, while 38.1% faced lack of capital to establish the financial sustainability strategies, 9.5% cited slow growth of the financial suitability initiatives while 4.8% attributed to government laws and policies. These challenges were also

noted by Sontag-Padilla et al. (2012) in their research paper dubbed financial sustainability for non-profit organizations. They affirmed that PBOs experience challenges in implementing financial sustainability projects. The paper identifies information inadequate among stakeholders, poor organisation management due inability to hire qualified staff and poor motivation among staff as the challenges affecting implementation of financial sustainability projects.

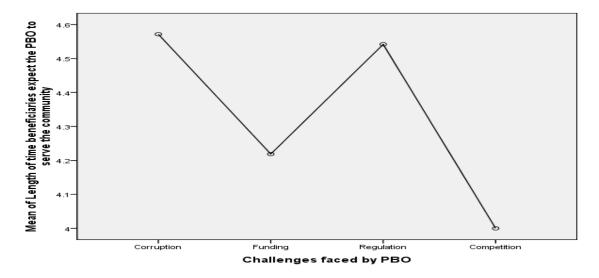


Figure 1.1: Challenges faced by PBO

From the above figure 1.1, the PBOs that had served between 16-20 years had more challenges followed by 6-10 years followed by 1-5 years.

Table 1.5: Analysis of variance of the Challenges faced by PBO

	Sum of Squares	Df	Mean Square	F	Sig.
Between Groups	1.299	4	.325	.329	.858
Within Groups	100.701	102	.987		
Total	102.000	106	1		

The results from table 1.5 showed that the p-value = 0.858. Since the p-value is more than alpha (0.05) then this implied that there was evidence to accept the null hypothesis hence there is no significant difference in the challenges faced by PBO within length of time in implementing financial sustainability strategies. This can be verified by the variance test in table 1.6 below.

Table 1.6: Test of homogeneity of variance of Challenges faced by PBO

Length of time			Subset for alpha = 0.05	
	beneficiaries expect the PBO to serve the			
	community	N	1	
Tukey HSDa,,b	Long-term existence	85	1.95	
	11-15 years	5	2.00	
	1-5 years	6	2.17	
	6-10 years	9	2.22	
	16-20 years	2	2.50	
	Sig.		.905	

The results from table 1.6 showed that the p-value = 0.905. Since the p-value is more than alpha (0.05) then this implied that there was no evidence to reject the null hypothesis hence there are no differences in the variances in the challenges faced by PBO within length of time in implementing financial sustainability projects.

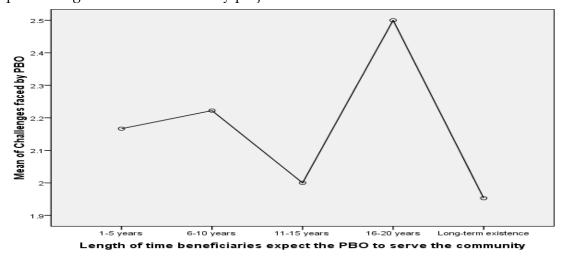


Figure 1.2: Means Plots on Challenges faced by PBO

As shown in the above figure 1.2, corruption was the most faced challenge and the most spread across the time followed by regulation, followed by funding and lastly completion that was not very much spread across length of time beneficiaries expect the PBOs to serve the community.

1.6 Discussion

Most of the PBOs financial sustainability projects faced challenges of corruption and misappropriation, which was represented by 39.3%. This was consistent with the view held by Kitsing, (2003) in his paper titled

Behind corruption: from NGOs to Civil society in Europe. He contends that just like in the public sector, corruption is also rampant in civil society despite the fact that there is an assumption that personnel serving in civil society are more ethical better than people serving in other fields. This

study revealed that the staff employed to manage financial sustainability projects would collude with suppliers and get poor quality products which would not fetch good prices in the markets, they would receive payments and not deposit in the project accounts or use the projects resources for their own benefit. This definitely had negative impacts on the projects which would not thrive given such conditions.

Inadequate funding and lack of capital was another great challenge experienced by the financial sustainability projects which was represented by 29.9%. Boschee (2001) argues that many PBOs talk and plan about self-financing but are not committed to initiating financial sustainability projects. In addition, many PBOs start projects that are capital intensive thus they are unable to successfully run the projects to generate income for the PBOs.

Government laws and policies (regulations) was also cited as a major challenge to PBOs which was represented by 22.4%. The government through its regulations creates a red tape to establishment of business ventures by PBOs. Williams (2006) concurs that the government through its regulation creates obstacles for business ventures initiated by PBOs. Numerous number of licenses, high taxes and unnecessary raids by government officers in business premises were some of the cited challenges caused by government regulation.

Stiff competition of products produced by PBOs is also a challenge faced by financial sustainability projects. This was represented by 8.4%. In his study Oussama et al, (2013) argues that the recession, duplication of services and products and lack of market research as the main factors causing stiff competition of products and services. Stiff competition causes stagnation and poor

performance of business ventures initiated by PBOs.

1.7 Conclusions

The PBOs serving in Nairobi informal settlements have faced numerous challenges while implementing financial sustainability projects. These challenges are attributed to non-involvement of stakeholders in program designing, implementation and resource mobilization which have led to lack of support of the PBO financial sustainability projects which causes lack of stakeholder commitment and ownership. Other factors include inadequate allocation of capital to establish the financial sustainability projects, inadequate capacity to manage the financial sustainability projects leading to wastage and losses.

1.8 Recommendations

To be able to overcome these challenges there is need for involvement of all the stakeholders when establishing financial sustainability projects, continuous training of the stakeholders on issues related to financial sustainability. This will enhance ownership and support of the financial sustainability projects by the stakeholders., adequate allocation of funds for financial sustainability projects, expand the market for the commodities or services sold by the PBO to increase the market thus spur the growth of the financial sustainability projects and finally lobby the government to amend the law to enable PBOs to engage in business enterprises.

The PBOs should conduct continuous trainings to their stakeholders on financial sustainability concepts; build capacity of stakeholders to start and support initiatives that will ensure financial sustainability of their respective PBOs. The PBOs should put in place effective accountability systems to eliminate corruption and pilferage of organizational resources. The PBOs should

also ensure they produce products that respond to the needs of their customers so that they attract more volumes of business. They should also invest in product marketing and ensure they expand their market base thus getting more business for their products.

The opportunities that emerge from these challenges include but not limited to; enhancing accountability measures like minimizing contact of cash with the staff, clear record keeping to prevent corruption and misappropriation of financial sustainability project funds, employ highly

competent managers and staff to manage the financial sustainability projects, PBOs should allocate or raise adequate resources as capital for business ventures initiated, the PBOs should lobby and petition the government to deregulate the business environment by repealing laws that cause bottlenecks to the business ventures to enable them have a conducive environment for their businesses to thrive. Finally, the PBOs should conduct market research, apply the concept of business intelligence which helps them to collect business data, analyze and make informed decisions.

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